

KC Twisters Policies and Procedures Contract

Season Commitment: 11–12 Months

KC Twisters All-Star Cheer requires a **11-month commitment** for all athletes during the **Regular Season** and a **12-month commitment** for athletes on **Bid Teams**. The season begins in **June** and ends in **April**, unless your athlete's team earns a **bid to an end-of-season event**, typically held in **May**.

This Season: Only teams that receive a **Paid Bid** will attend an end-of-season event. All competitions attended by KC Twisters will serve as bid qualifiers, giving each performance a meaningful purpose and setting higher goals for our athletes to strive toward.

- To earn a bid, your team must place **first overall** at one of the four to five scheduled competitions during the regular season.
- Teams earning a Paid Bid will continue practicing through **May**. Tuition for the extra month will be discounted
- If an athlete chooses not to continue with their team after earning a bid, this will be considered a team withdrawal and will result in a **\$700 buyout fee** (see Buyout Policy).

KC Twisters Expense Information

- **All-Star Tuition:** \$275/month (June – March)
 - *If your team earns a bid, tuition continues through May (Discounted)*
- **Uniform:** \$350 (One-time fee)
- **Tryout:** \$50 (One-time)

Monthly Tuition Payment Options

Please choose one of the following payment plans:

Option 1 – Monthly Auto-Draft:

- Pay \$275 per month from June through March
- Tuition is auto-drafted on the **1st of each month** via the debit/credit card on file, due by the **10th**, late fees may apply.

Option 2 – Pay in Full:

- Pay \$3,025-\$3,375 by **June 1, 2025**
- Accepted forms of payment: check, cash, or card on file
- Please notify us via email at **allstars@kctwisters.com** if selecting this option

Uniform Fittings & Payment

We aim to place our uniform and practice wear orders early to ensure timely delivery and secure early order discounts.

- **Uniform Payment Due:** July 15, 2025 (in full)
- **Delivery Timeline:** Practice wear will arrive by the end of summer; uniforms are expected in the fall.

Choreography Policy

All KC Twisters athletes are **required to attend choreography camps**. Choreography is essential to team success and allows coaches to evaluate each athlete's abilities in a routine setting, while also fostering strong team bonds.

Team Practices

Practice attendance is mandatory, and compliance with our attendance policy is strictly enforced. An athlete's role on the team may be impacted by missed practices or non-compliance.

- Each team will practice **twice a week for 2 hours each**.
- Each athlete also has **1 free tumbling class** per week
- Practices will begin the **first week of June**.
- Team practices are **Monday and Wednesday**
- Each team will have a designated **primary coach** and be overseen by the **All-Star Director**, who will communicate important updates to parents.
- Athletes are expected to show **respect and teamwork**. Disrespectful behavior, cliques, gossip, or rudeness (e.g., eye-rolling, backtalk) will not be tolerated.
- Any issues between an athlete and coach will be addressed first between them. If unresolved, parents will be notified and expected to assist in resolving the concern.
- All disciplinary issues will be handled privately and professionally.

Summer Session Practices

- Runs **June through July**
- Includes **two 2-hour practices** and **one 1-hour tumbling class** per week (5 hours total)
- Focuses on tumbling skill development and synchronized routine timing

Competition Season Practices

- Runs **August through April** (or through May for Bid Teams)
- Includes **two 2-hour practices** and **one 1-hour tumbling class** per week (5 hours total)
- Practices scheduled **Monday & Wednesday**
- If an athlete misses a practice, they are responsible for learning all routine changes before returning

Absence Allowance & Protocol

- **Summer Session:** Athletes may have up to **3 unexcused absences**
- **Competition Season:** Athletes are allowed **3 unexcused absences**
- After reaching the maximum allowed absences in either the Summer or Competition Season, a **mandatory meeting** with the All-Star Director will be scheduled.
- Each unexcused absence **beyond the maximum** will result in a **\$25 fee**, billed to your account. **\$50 fee** for any practices missed during competition weeks
- Athletes who exceed the absence limit may be **placed as an alternate, removed from choreography, or removed from the team** entirely. Removal due to absences still requires full payment of the **buyout fee**.
- **Unexcused absences are not permitted the week before a competition.** Any athlete absent during this time may be removed from that event's routine, at the sole discretion of the Owner and All-Star Director.
- If a parent withdraws an athlete from a competition for any reason, a **\$200 missed competition fee** will be charged.
- Missing a competition **without prior notice or approval** may result in **immediate dismissal** from the program and enforcement of the **buyout fee**.

Absences Defined

Excused Absences:

- School functions that affect a grade (must provide documentation)
- Required official school cheerleading or sporting events (monthly schedule required)
- Excessive absences due to school or extracurricular conflicts may impact athlete's role in the routine

Unexcused Absences:

- All other absences not listed above and not approved by the All-Star Director
- Examples include:
 - Studying or preparing for school assignments or tests
 - Jobs or work commitments
 - Social events (parties, weddings, dances, family gatherings, etc.)
 - Church-related activities such as retreats or youth group
 - Failure to notify staff of absence (no-show)

Absences Defined (Continued)

Illness, Injury, and Family Emergencies: We understand that unexpected situations may arise. Below are the policies concerning illness, injury, and emergencies:

Illness:

- Athletes are expected to attend practice unless they have a **fever** or are **contagious**.
- Attendance may be modified (e.g., sitting out sections, additional water breaks) at the **coach's discretion**.
- If an athlete must miss a practice due to illness, a **doctor's note is required**.
- Absences without a doctor's note will be classified as **unexcused**.

Injury:

- Coaches must be notified **immediately** of any injury.
- A **doctor's note** must be provided with details on the injury, recovery timeline, and any restrictions.
- Choreography adjustments may be made, but it is **not guaranteed** that an athlete will return to the same position in the routine.
- Injured athletes are still required to **pay tuition in full** throughout their recovery period.

Family Emergencies:

- Please contact the All-Star Director or your team coach as soon as possible.
- Proof is **not required**, but we ask for honesty in all communications involving severe circumstances.

Gym Closures

The following dates are scheduled closures for the 2025–2026 season. Families are encouraged to plan vacations around these breaks: **(Others Dates May be Added)**

- **July 4th Break:** June 30 – July 4
- **Labor Day:** August 31 – September 1
- **Halloween:** October 31
- **Thanksgiving:** November 23 – November 29
- **Winter Break:** December 19 – January 3
- **Spring Break:** March 22 – March 28

Competitions

- Each KC Twisters team will attend **6-9 competitions** during the season, with a maximum of **9** if the team receives a bid.
- The official **competition schedule** will be released in **August 2025**.
- No team will attend more than **3 out-of-town competitions**.

Buyout Policy

KC Twisters is a **11-month commitment** for regular season athletes and a **12-month commitment** for athletes on Bid Teams. The season begins **June 1, 2025**, and ends **April 30, 2026** for all regular teams. Teams earning a bid will extend their season through **May 23, 2026**.

If, at any point during the season, you choose to withdraw your athlete from the KC Twisters All-Star program, a **mandatory meeting** with the coach and athlete is required.

- All outstanding balances, including **uniforms fees**, must be paid in full.
- A **buyout fee of \$700** will be charged to your account, regardless of when you choose to leave the program.
- If your team earns a bid and you choose not to continue through April and May, this will be considered quitting, and the buyout fee will still apply.
- If your athlete is removed from the program for any reason (including excessive absences), the buyout fee remains in effect.
- All items ordered, including uniforms and gear, are non-refundable and must still be paid for.

Legal Notice: If legal action is required to enforce or interpret this agreement, the prevailing party will be entitled to recover reasonable **attorneys' fees, costs, and other necessary expenses**.

Still have questions? Reach out to Coach Brooks at allstars@kctwisters.com to schedule a time to talk.